

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY/SATURDAY
<h1>April</h1>	<h2>Fitness Classes</h2>		1 6:00 Sunrise Cycle 10:00 Silver Sneakers Classic 5:00pm Jazzercise 6:15pm Pilates Flow	2 7:00 Pilates Flow SATURDAY, April 3 8:00 Jazzercise
5 8:30 Full body Stretch 9:00 Silver Sneakers Boom 5:00pm Sculpt & tone 5:00pm Jazzercise 5:30pm This Ain't No Dance Cl 6:15pm Functional Movement	6 6:00 Sunrise Cycle 10:00 Silver Sneakers Classic 5:00pm Jazzercise 5:15pm Cardio Yoga 6:30pm 4X4 HIIT	7 8:30 Full body stretch 5:00pm Jazzercise 5:30pm This Ain't No Dance Cl 5:00pm Sculpt & tone 6:15pm Functional Movement	8 6:00 Sunrise Cycle 10:00 Silver Sneakers Classic 5:00pm Jazzercise 5:15pm Cardio Yoga 6:15pm Pilates Flow 6:30pm 4X4 HIIT	9 7:00 Pilates Flow 8:30 Full body stretch SATURDAY, April 10 8:00am Jazzercise
12 8:30 Full Body Stretch 9:00 Silver Sneakers Boom 5:00pm Sculpt & tone 5:00pm Jazzercise 5:30pm This Ain't No Dance Cl 6:15pm Functional Movement	13 6:00 Sunrise Cycle 10:00 Silver Sneakers Classic 5:00pm Jazzercise 5:15pm Cardio Yoga 6:30pm 4X4 HIIT	14 8:30 Full body Stretch 5:00pm Jazzercise 5:30pm This Ain't No Dance Cl 5:00pm Sculpt & tone 6:15 Functional Movement	15 6:00 Sunrise Cycle 10:00 Silver Sneakers Classic 5:00pm Jazzercise 5:15pm Cardio Yoga 6:15pm Pilates Flow 6:30pm 4X4 HIIT	16 7:00 Pilates Flow 8:30 Full body stretch SATURDAY, April 17 8:00 Jazzercise
19 8:30 Full Body Stretch 9:00 Silver Sneakers Boom 5:00pm Sculpt & tone 5:00pm Jazzercise 5:30pm This Ain't No Dance Cl 6:15pm Functional Movement	20 6:00 Sunrise Cycle 10:00 Silver Sneakers Classic 5:00pm Jazzercise 5:15pm Cardio Yoga 6:30pm 4X4 HIIT	21 8:30 Full body stretch 5:00pm Jazzercise 5:30pm This Ain't No Dance Cl 5:00pm Sculpt & tone 6:15 Functional Movement	22 6:00 Sunrise Cycle 10:00 Silver Sneakers Classic 5:00pm Jazzercise 5:15pm Cardio Yoga 6:15pm Pilates Flow 6:30pm 4X4 HIIT	23 7:00 Pilates Flow 8:30 Full Body Stretch SATURDAY, April 24 8:00 Jazzercise
26 8:30 Full Body Stretch 9:00 Silver Sneakers Boom 5:00pm Sculpt & tone 5:00pm Jazzercise 5:30pm This Ain't No Dance Cl 6:15pm Functional Movement	27 6:00 Sunrise Cycle 10:00 Silver Sneakers Classic 5:00pm Jazzercise 5:15pm Cardio Yoga 6:30pm 4X4 HIIT	28 8:30 Full body stretch 5:00pm Jazzercise 5:30pm This Ain't No Dance Cl 5:00pm Sculpt & tone 6:15 Functional Movement	29 6:00 Sunrise Cycle 10:00 Silver Sneakers Classic 5:00pm Jazzercise 5:15pm Cardio Yoga 6:15pm Pilates Flow 6:30pm 4X4 HIIT	30 7:00 Pilates Flow 8:30 Full Body Stretch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY			
April	Pool Classes		1 8:00am Move it H2O 9:00am H2O fitness	2 9:00am Aqua Joints			
			5 9:00am Aqua Joints 5:00pm Pure Aqua Aerobics	6 8:00am Move it H2O 9:00am H2O Fitness	7 8:00am H2O Fitness 9:00am Aqua Joints 5:00pm Pure Aqua Aerobics	8 8:00am Move it H2O 9:00am H2O Fitness	9 9:00am Aqua Joints
			12 9:00am Aqua Joints 5:00pm Pure Aqua Aerobics	13 9:00am Move it H2O 9:00am H2O Fitness	14 8:00am H2O Fitness 9:00am Aqua Joints 5:00pm Pure Aqua Aerobics	15 8:00am Move it H2O 9:00am H2O Fitness	16 9:00am Aqua Joints
			19 9:00am Aqua Joints 5:00pm Pure Aqua Aerobics	20 8:00am Move it H2O 9:00am H2O Fitness	21 8:00am H2O Fitness 9:00am Aqua Joints 5:00pm Pure Aqua Aerobics	22 8:00am Move it H2O 9:00am H2O Fitness	23 9:00am Aqua Joints
			26 9:00am Aqua Joints 5:00pm Pure Aqua Aerobics	27 8:00am Move it H2O 9:00am H2O Fitness	28 8:00am H2O Fitness 9:00am Aqua Joints 5:00pm Pure Aqua Aerobics	29 8:00am Move it H2O 9:00am H2O fitness	30 9:00am Aqua Joints